

Week 16  
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**Transforming Daily**  
**“... do not worry about tomorrow ...”**  
*Matthew 6:34*

How does a caring, responsible individual not worry about tomorrow? It's simple, just not easy. First, the individual has to understand that worrying is a sin. Second, the individual has to trust the Lord explicitly. This means that the individual in question must have a personal relationship with God through Jesus Christ, and also have a working knowledge of His Word.

Oversimplified, in order to avoid worry all together, one must exercise faith. Hebrews 11:1 says, “Now faith is the substance of things hoped for, the evidence of things not seen.” For many, hope is interchangeable with wish, but that is not biblical hope. Biblical hope is a confident assurance in the person and work of Christ. That is to say that hope is a confident assurance in the will of God.

The context in which this verse is found admonishes the hearer to seek first the kingdom of God and His righteousness, and all the necessities of life will be supplied. The message from this text is to encourage the participant to prioritize their faith to rely upon God for all their needs as well as their wants. In essence, God has already supplied our needs before we can ask. According to His will, God either arranges, appoints, allows or assigns the circumstances in which we live. Our goal is to be a witness for Christ. How we live with respect to the circumstances in relationship to Christ is the key to The Sermon on the Mount.

Do you trust God without reservation? Have you a relationship with Him through Jesus Christ? How do your priorities compare with the teachings of The Sermon on the Mount? Is it your joy to seek after His righteousness? The challenge for the believer is to develop the spiritual discipline of seeking God's face before seeking His hand. God knows our needs and our wants before we even ask Him. Therefore, do not worry about tomorrow.